

IYA Postgraduate Course 2013 Dublin

For more information
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Be Inspired

Be Supported

Be Enthused

Be Encouraged



Dates 2013

16th & 17th February

9th & 10th March

6th & 7th April

24th—27th May

7th & 8th September

12th & 13th October

9th & 10th November

Requirements:

Participants need to:

- Have the desire to deepen their understanding, practice & delivery of Yoga.
- Be open to exploring & deepening their awareness of Self.
- Have a regular & thorough Yoga practice as it is through our personal experience that we source our deepest insights.

