

Yoga for a World in Transition -

*The nature of the present and the responsibility of the
yoga practitioner in this transition*

Sraddhalu Ranade & Swami Nityamuktananda Saraswati



Sraddhalu is a scientist, educationist and scholar. He is involved in video productions, teacher training programmes and software development. A multi-faceted personality, he delivers talks and workshops on numerous themes including Integral Education, Integral Yoga, Management, Self Development, Indian Culture, Science and Spirituality and Yoga. He has conducted intensive teacher training workshops in Integral and value based education all over India and has twice been the Guest of Honour at the EUY Congress.

Swami Nityamuktananda studied theology but her university studies soon expanded to Education, Psychology, Philosophy, Art & Design. At the centre of her studies and teachings is the subject of Self Awareness. As the artist and philosopher merge, she has a deep involvement in Meditation, Jnana Yoga and Vedanta. She is the founder of the Council of Grandmothers, established to reawaken the wisdom and values of the feminine principle to create balance and harmony in all walks of life.

The weekend will include interactive talks, questions & answers and meditation

DATE: Saturday 13th & Sunday 14th October 2018

VENUE: Royal Marine Hotel, Dun Laoghaire, Dublin A96 K063 Ireland

COST: €130 full weekend IYA members, €150 full weekend non-IYA members
€75 per day IYA members, €85 per day non-IYA members

TIME: Registration 09h30—17h30 each day

Early booking is essential with Monique 087 9033762 or Miriam 087 6545631