

IRISH YOGA ASSOCIATION - AGM

Date: 21st September 2019
Venue: Springfield Hotel
(Sarsfield Room), Leixlip



10.00 - 11.00: Registration
11.00 - 1.00: Yin Yoga
(further details in the Summer Newsletter)
1.00 - 2.00: Light vegetarian lunch included
2.00 - 3.00: AGM
3.30 - 4.30: TTC Graduation

Cost: €25.00 (for those attending workshop)

CPD Points - Workshop 2 Points / AGM 2 Points

Please confirm your attendance with Monique Walsh 087 9033762
or email: moniquew@eircom.net

