

Day of Yoga

Date: Saturday 8th April 2017

Time 10.30am - 4.00pm

Cost €50

**Venue: ...Dreaming...creative space,
Ballygarrett, Gorey, Co. Wexford.**

**Janette McDonald and
Liz Moffatt will
facilitate a day of yoga.
Morning is asana
practice. The afternoon is
exploring other yoga
practices centred around
the Chakras.**

**Contact:
Liz 087 7866202
for info/ to book.**

