

Yoga Teacher Training



Irish member of the
European Union of Yoga

**The next IYA Teacher Training
Course starts in September 2025.**

The IYA has been training yoga teachers since 1978. The training explores classical and contemporary methods and practices. The IYA is the only Irish member accredited by the European Union of Yoga. Trainees begin teaching after year 2 of the course so you will have support of the tutors as you begin your teaching journey. The course is run over a four year period including 700+ hours of training.

**Interested finding out
more about the course?**

Contact the Course
Administrator, **Sacha
Johnston** for more info,
email ttc@iya.ie.



For more info and to find out about more IYA activities visit us at www.iya.ie